



## Mary Jeanne Sheehan

January 1, 1922 - March 20, 2021

### I Am Not There

Do not stand at my grave and weep, I am not there, I do not sleep. I am a thousand winds that blow; I am the diamond glints on the snow. I am the sunlight on ripened grain; I am the gentle autumn's rain. When you awaken in the morning's hush, I am the swift uplifting rush of quiet birds in circled flight. I am the soft star that shines at night. Do not stand at my grave and cry. I am not there; I did not die.