



James Russell Sowers

September 29, 1942 - July 26, 2024

Dr. James R. Sowers

Obituary

September 29, 1942- July 26, 2024

Dr. James Sowers has died on July 26, 2024, at the age of 81. He is survived by his wife of over 52 years, Dr. Dilek K. Sowers, three children, and a grandchild.

He was born and raised in Missouri and later earned his medical degree from University of Missouri School of Medicine in Columbia. In 1974, he continued his medical training with a fellowship in Endocrinology at the University of California at Los Angeles (UCLA) and at the Wadsworth Veteran Administration Medical Center in Los Angeles, California. Dr. Sowers played a vital role in academic and clinical leadership, holding many prestigious faculty positions throughout the United States from: UCLA, Virginia, Wayne State University in Detroit, and SUNY Downstate in Brooklyn, NY. He then returned to his alma mater, University of Missouri, to be the first Thomas W. and Joan F. Burns Missouri chair in Diabetology in 2003.

Dr. Sowers had a major impact in the field of diabetes, hypertension, and metabolic syndrome related research. He is the author of more than 700 papers in the fields of Diabetes and Hypertension research. He was supported by multiple grants from National Institute of Health (NIH), the Veterans Administration (VA), and the American Diabetes Association. He has also edited five textbooks and was on editorial boards of several leading journals.

He was also a member of 11 professional societies, including the American Society of Clinical Investigation (Young Turks). He was a recipient of numerous awards, including Lifetime Achievement Awards.

Jim will be missed by his wife, family, and the scientific community.

Internment will be private!

Tribute Wall

MH

“ *Deepest sympathy Pembe and family. I know you will miss him. I planted a tree which I felt would root his love and life on Earth. Miss you. Mary Anne*



Mary Anne Harris - August 28, 2024 at 12:00 AM

BS

“ *Deepest sympathy for your loss*

Bradley Sowers - August 20, 2024 at 12:00 AM

KK

“ *So sorry for your loss . We were all very proud of Jim and his accomplishment.*



Kim Klein - August 08, 2024 at 12:00 AM

AW

“ *Dilek, Kurt, and everyone . . . my sincere condolences to you. He had a tremendous impact on many lives, my life, and many others across the US. Thank you for letting us all into your world. He was a great man, leader, and mentor. I can never say enough good things and what he meant to me. My best, Adam*



Adam Tyler Whaley-Connell - August 06, 2024 at 12:00 AM